

October 2013

Wildcat Canter

University of Kentucky Ag Equine Programs Newsletter



Wildcat Canter



Walter W. Zent Mare Reproductive Health Facility

More than 125 people attended a dedication ceremony Oct. 15 as a research facility at UK's Maine Chance Equine Campus was renamed the Walter W. Zent Mare Reproductive Health Facility to honor Zent, a veterinarian and former partner at Hagyard Equine Medical Institute.



Internship helps students focus their career goals

This semester, three students interned at one such place, KESMARC, LLC, the Kentucky Equine Sports Medicine and Rehabilitation Center in Versailles, Ky.



Wheels to Heal: three students, three months, one amazing mission

Wheels to Heal is a project to raise funds to provide Central Kentucky Riding for Hope (CKRH) with a new farm utility vehicle necessary for the operation of its facility.

Other features:

UK denim drive underway

11

clubs and teams updates

12



Making the most of your advising appointments

Advising for the spring semester is underway, so I thought this would be a good time to discuss advising from the faculty academic advisor's perspective. I advise about 60-70 students in the Equine Science and Management undergraduate degree program and have had the pleasure of watching my advisees grow, learn and reach their goal of completing their degree.

Now that graduates of our program have been out in the world for a while, I have been very encouraged to see where their educations are taking them. Some are working hands-on with horses, some are in the business world, some are in graduate or professional programs - such as veterinary school, law school or medical school. Two now hold master's degrees. I see my role as advisor as one of a facilitator, a person who can help you map the route to your bachelor's degree and your career goals. What follows are some recommendations I have formulated, based on my experience advising students in the Equine Science and Management undergraduate degree program.



Be proactive in planning your degree progress. Your advisor will assist you with planning your schedule to follow the proper sequence of courses, but if you come prepared with a list of courses you are interested in or have heard good things about, you will be helping yourself get classes you will be engaged in. This is especially true of UK core and specialty support classes.

Discuss your longer-range goals with your advisor. These may be careers you want to explore through internships or employment outside of school, or future plans that would include a graduate or professional education. Your advisor can suggest courses or work experience to help you be successful. Too often, I have seen advisees decide in their senior year that they want to apply to a graduate degree program, but they haven't taken appropriate courses to be a competitive applicant. Also, if you are considering adding a minor to your degree, the sooner you can communicate this to your advisor, the better. Some minors can fit easily into the credits you need for specialty support and electives, especially if you can begin adding those classes early in the process.

Remember why you are here. Your education is a substantial investment in time and money. Don't sabotage your degree progress by letting school drop too low in your priorities. Keep your eye on the prize of getting an education that will serve you for the rest of your life.

Mary Rossano, PhD
Associate Professor
Department of Animal and Food Sciences

UK Art Museum seeks students to participate in student advisory board

The Art Museum at the University of Kentucky is forming a Student Advisory Board to provide us with ideas, insight and suggestions for ways to engage our students more actively in using and enjoying the museum. Members of this board can expect to meet six-ten times during the academic year to share ideas and opinions, to help us publicize our exhibitions, collections and activities to student colleagues, and to plan and implement at least one student-driven event annually. We want to let students know about our collections, discover learning from objects and enlarge the museum's presence in student's lives-while here and in the future. Deadline to apply is Nov. 10.

For further information, or to sign up, contact Deborah Borrowdale-Cox at dborrowdalecox@uky.edu or call 257-6199.



MASTHEAD

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Upcoming Events:

Nov. 2

U.S. Mounted Games Association, Rolex Stadium, Kentucky Horse Park

Nov. 4

Priority Registration for Winter 2013 & Spring 2014

Nov. 7-10

U.S. Dressage Finals, 8 a.m. - 5 p.m., Alltech Arena

Nov. 8

Last day to withdraw from a class for academic reasons

Nov. 8-10

Eastern National 4-H Horse Roundup, Kentucky Fair & Exposition Center

Nov. 27-30

Thanksgiving Break

A chat with the Spirit of the Horse creator

Yvonne Barteau

Alexandra Harper

Q: Yvonne, when and where did you begin your journey as a horse person?

A: I grew up in Toronto, Canada. No one in my family liked horses. I read the book the Black Stallion when I was little and I was hooked from there. I read everything the libraries had about horses and I knew I wanted to be a horse trainer without ever having been around horses.

Q: At what point along the way did you get your first horse?

A: When I was little I snuck out to the “forbidden” side of the river where I found an unbroken horse. In no time I was riding the horse with just a piece of yarn. I rode that horse for a summer, until someone caught me and banned me from coming to the property. As I got older I took a few riding lessons. After high school I left to go work at the race tracks, where I worked for six or seven years.

Q: You’ve been in the equine world for many years now, both as a trainer/rider and also as an equine entertainer. Please tell me more about your career as a trainer/rider and what about it brings you the greatest satisfaction?

A: Understanding horses and figuring them out. I enjoy making them better at what they do. Especially for dressage, it is one of the most difficult disciplines, so I really enjoy working with a horse for quite a while and seeing him or her succeed.

Q: Looking at your credentials as a trainer/rider, it’s clear you’ve arrived at the top of the dressage world with quite a degree of success. How did you manage this?

A: Great horses and great owners and clients that had the faith to keep their horses with me for quite a while. When I first started out I worked with a lot of “troubled” horses. I would keep them for a while and end up doing pretty well with them. Once people started seeing that I began to receive more talented horses to work with. I greatly enjoy seeing a horse try its hardest to do well at something.

Q: Are there specific horses who have contributed to your success. Please tell us about them.

A: Yes, GP Raymeister who is a Holsteiner stallion. When I first received him he was at training level and a little behind on his dressage. He is now a three-time United States Dressage Federation Horse of the Year, national champion, has competed at the World Cup for Young Rider, has 20 regional championship titles and has performed numerous times in equine theatre productions. He is a talented and well-balanced horse with high energy. Another horse I have really enjoyed is AlMarah Quebec. I have competed at the FEI level of Dressage with him and have also done

bridleless routines at Equitana.

Q: Now please tell us about your life in the equine entertainment business and how you came to be part of this world?

A: I started at the Arabian Nights Dinner Theatre to advance my education. I learned a lot while I was there and had the opportunity to work with some really great horses. I became the director of operations. I also learned to trick ride, roman ride and I met my husband while I was there. He was the head trainer. After a while my husband Kim and I decided to specialize in dressage and open a training facility but still do the entertainment on the side.

Q: How exciting that you have written a wonderful story called “The Spirit of the Horse,” a holiday tale featuring some of the top performance horses and riders in your Illinois barn. The production will be performed at the Kentucky Horse Park on Nov. 29 and 30. Please tell us more about the story and how this magical concept came to life in your mind?

A: It originally was a Christmas present for Ginna Frantz at GP Equestrian. Some of the children at the barn started to put something together, so I stepped in to help write the story and then decided we should bring it to life. We added it as part of our barn Christmas party and it took on a life of its own. We sold out three shows the next year. It’s a charming kind of show with top competition horses in the production. We hope people realize how good the horses look and how great of a time they are having.

Q: Are you excited to be bringing this unique type of equine entertainment to the Kentucky Horse Park for the very first time and where do you see it leading down the road?

A: Yes. Things seem to happen how they are supposed to and I think this was meant to go this way and I hope it continues. I have a new story in the works called “All the Kings Horses” and we are hoping it takes the same route the “Spirit of the Horse” has and we can make it a live production.

Q: Can you give us a sneak preview of the show and how it will play out at the Alltech Arena in front of thousands of people?

A: It’s hard to say what will steal the show. The first scene with everyone on foot will be a good setting. This production has a lot of music. People will really have to sit and watch. It’s a great story for families. I think the liberty Friesian horse will steal the show in the end.

Continued on next page

A chat with the Spirit of the Horse creator Yvonne Barteau

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Q: What gives you the greatest satisfaction today? One assumes horses are at the very core of your life. I was told you said, "All my best friends are horses!" Is that accurate?

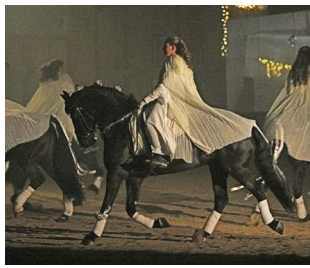
A: Yes. But my family is extremely important to me as well and I love having them around me. I get to do what I love every day and have my family around. How many people get to say that?

Q: I understand you've written an award-winning book about horse personalities. Please tell us more. Do you have other books in the works?

A: Yes. I have "All the Kings Horses" and "Dressage Problem Solver from the Horses Point of View."

Q: I know you and your husband have been in the horse world for many years. What about your children?

A: My son has always been around horses. He left to go to business school for a little while but is now a trainer and mainly works with breaking horses and problem horses. When he was 12, he was the world's



youngest bareback rider. My daughter Kassie hit the ground running at 13. She is now a professional trainer and one of the top competition riders in the country. My oldest daughter Jessica is the barn manager at our dressage training facility. She is also a great chef and baker and is the director for Spirit of the Horse. Lastly, my youngest daughter Hudie enjoys teaching and just started participating in Young Rider.

Q: What are your greatest aspirations at this point in your already accomplished career?

A: I just want to see where life takes me. I don't want to miss any opportunities. I want to be good to my family and horses and most of all, be grateful for how lucky I've been. I'm happy. I would however like to look into working more with Dan James on creating clinics at the Kentucky Horse Park, where there are educational sessions during the day and equine theatre shows in the evening for attendees.

FEATURE STORIES

Walter W. Zent Mare Reproductive Health Facility Dedication Ceremony



More than 125 people attended a dedication ceremony Oct. 15 as a research facility at UK's Maine Chance Equine Campus was renamed the Walter W. Zent Mare Reproductive Health Facility to honor Zent, a veterinarian and former partner at Hagyard Equine Medical Institute. Zent served on the Gluck Equine Research Foundation's Board of Directors from 2000 to 2012 and as chair from 2006 to 2012.

Maine Chance Farm-bred horse brings educational experience full circle

Erin Morgan

Casiguapo, a University of Kentucky Maine Chance Farm-bred horse competed in a Grade 1 Stakes race at Belmont Park. Casiguapo is an example of the educational opportunities offered through Maine Chance Farm to student workers and UK Equine Science and Management undergraduate students.

Casiguapo (who was known as Simba when he was at UK) was purchased in 2012 for \$4,700 at the Fall Yearling Sale at Fasig-Tipton. Since then he has participated in multiple Grade 1 Stakes races. The most recent is the \$500,000 Grade 1 Stakes at Belmont Park, where he finished fourth.

Casiguapo also had the fastest half-mile workout time on Sept. 28 out of 68 horses. His half-mile time was 47.11 seconds.

Currently, 10 students work at Maine Chance Farm. Two of those students discuss their experiences working with Casiguapo, as well as working on the farm.

Michelle Wynn is pursuing her bachelor's degree in animal science. She has worked at Maine Chance Farm for three years and worked with Casiguapo while he was at the farm.

Q: What did you learn from working with Casiguapo?

A: I learned to be confident working with a strong horse, knowing I would be able to stay in control of the situation.

Q: What were your responsibilities in taking care of Casiguapo?

A: We are all responsible for the care and management of all the horses. From feeding, hand walking, holding for

the vet or farrier, bathing and anything in between. We all helped raise Casiguapo and played a part in getting him to the sales.

Q: How does it feel to see a horse you worked with now in the spotlight in Grade 1 races?

A: We are highly involved with these horses from the time the dam goes to the sire, all the way until they leave the farm and sales barn. We get attached to them, as we have been with them since they were born. We are all so proud of him! To see a horse that you have known since he was born do so well, it gives you such a good feeling and a lot of pride for being part of this program.

Q: Overall, how do you feel working at Maine Chance helps you with your educational and career goals?

A: It has helped me transform what I learned in the classroom and apply it on a daily basis. Often in a class, you are responsible for learning content from a lecture or from a chapter in a book. Working at the farm has allowed me to take all that I have learned in the class and apply it. Working at Maine Chance has also allowed me to make contacts in the industry, which has given me opportunities to network and learn more. Through the contacts I have made while at Maine Chance, I have been able to gain more experience in the fields of study that interest me most. I feel that my experience there has been the catalyst to help me pursue a career that I may not have seriously considered before. I can't say how thankful I am for having this opportunity and being a part of such a wonderful program.

Continued on next page



UK's Maine Chance Farm recently sold horses at the October Fasig-Tipton sales. A lot of time and preparation goes into that process. Here, students prepare the farm's horses for the sale. Photos by Steven Patton, UK Agricultural Communications Services.

Maine Chance Farm-bred horse brings educational experience full circle

...Continued

Fallon Jackson has worked at Maine Chance Farm for just over a year. She is a junior studying Equine Science and Management.

Q: How does it feel to see a horse you worked with now in the spotlight in Grade 1 races?

A: It is beyond amazing. Everyone hopes that every horse they work with will make it to a Grade 1 race. We all knew that Casiguapo was a talented horse, but it took more than that to make him the racehorse he is today.

Q: Has working with Casiguapo changed the way you work with any of the other horses?

A: It has showed me that you have to treat all horses the same, since you never know which one will be a great one.

Q: Overall, how do you feel working at Maine Chance helps you with your educational and career goals?

A: If it wasn't for Maine Chance, I wouldn't have expe-

rienced so many things that have shaped me to be the horseman I am today. I've gotten to go on breeding shed runs to be able to see how the fertilization process works. I've been able to foal out mares, collect semen, prepare horses for the sales and take horses to the sales. There is something exciting about taking a horse you've worked with for months and showing it to prospective clients. Being able to watch the horses sell is the greatest feeling. Maine Chance is a great opportunity, not only for the students who have the privilege of working there, but also the equine students who can come out for labs and evaluate pastures, work on their handling skills and learn how an average farm in Central Kentucky operates.

Congratulations to Casiguapo and Maine Chance Farm.

Madison Scott, an Equine Science and Management sophomore, and a friend had the opportunity to watch Casiguapo race in person when they attended the Saratoga meet in mid-October. Scott, an avid racing fan, shared her experience watching a UK-bred horse participate in a Grade 1 race.

Q: How did it feel as a student to see a UK-bred horse race in a Grade 1 race?

A: I looked over the entries before we left for New York to see the races. It was pretty cool seeing him in there. None of us expected to see a UK-bred in a Grade 1! It brought about a sense of school spirit that we don't normally experience. Cheering for the football team feels normal, but students don't often get the chance to root on a horse bred by their school.

UK having a connection to race horses is unique for a university and is something that us racing fanatics are able to appreciate.

Q: In your opinion, what value does it add to our program to have horses race in

high stakes races?

A: A large component of the horse racing industry is prestige. Having a horse bred by the university in such a key race is a huge boost for how others view our program. This can translate to better results at the sales and more exposure for the equine program and Maine Chance Farm.

Q: Are you proud of UK's Maine Chance Farm and the success that has come with Casiguapo?

A: Few students can say they watched a horse bred by their school run second in a prestigious Grade 1 at Saratoga. I am looking forward to seeing how Maine Chance and the equine program can build off of this racing success.



*Casiguapo racing at Saratoga
PHOTOS: Madison Scott*

Rodeo Team makes its debut at UK

Holly Wiemers

There's a new team on the roster for the University of Kentucky, one with barrels, bulls, roping, wrestling and a whole lot of enthusiasm by a group of students who



have worked hard to put their dreams into reality.

Housed within UK's College of Agriculture, Food and Environment student organizations, the UK Rodeo Team joins an accomplished stable of equine clubs and teams

available to UK's student body.

The team practices at Kismet Farm in Paris, Ky. and is open to all students, with or without prior rodeo experience.

The team's stated mission is to promote and develop the sport of rodeo at UK, providing students with the opportunity to

further pursue this sport educationally and competitively at the intercollegiate level.

"I am really excited that this has become an opportunity for our students to learn about the sport of rodeo," said equine science and management junior Kyle Karadak, the team's vice president and one of its founding members. "Since rodeo showcases a different perspective of the horse industry from what is typically known in UK's geographic location, we hope the team will help broaden the awareness of students and give them a unique experience they can use in the future."

One of the main goals of the team is to give its members the chance to participate in activities covering every aspect of the rodeo industry, from learning about rodeo in general to competing as part of the team. The team plans to become part of the National Intercollegiate Rodeo As-

sociation in 2014, and is using 2013 to form the team and recruit members.

"I'm so proud of our students for their initiative and proud to serve as their advisor," said lecturer and internship coordinator, Elizabeth LaBonty. "Rodeo is such a great sport and the opportunity for our students to learn, compete, have fun and build relationships with each other and the community through the UK Rodeo Team are tremendous."

Dues start at \$25 a semester to be part of the team and be given opportunities to learn about the rodeo industry, practice and attend rodeos with the team and help promote the sport and UK's team.

There are additional fees depending on the specific sport chosen, with those competing in barrel racing, roping, goat tying or steer wrestling charged \$150 per semester. Bull riding starts at \$500 per semester.

The team has already lined up one fundraiser. In conjunction with the Oleika Shriners Rodeo at the Kentucky Horse Park's Alltech Arena Nov. 22-23, Lexington's Austin City Saloon will be giving a portion of its cover charge proceeds to the UK Rodeo Team.

"We're excited to meet everyone who wants to support the UK Rodeo Team at Austin City Saloon on the 22nd," said LaBonty.

Those interested in learning more about the team can email ukrodeoteam@gmail.com. Information about the team, including upcoming clinics and events, can be found by visiting <http://equine.ca.uky.edu/node/321>.

"Rodeo is such a great sport and the opportunities for our students to learn, compete, have fun and build relationships with each other and the community through the UK Rodeo Team are tremendous."

Elizabeth LaBonty

UK Ag Equine Programs jackets and vests available for a limited time

Need a UK equine-affiliated jacket or vest? Looking for UK equine apparel for upcoming holiday gifts? UK Ag Equine Programs has worked with the College of Agriculture, Food and Environment's online merchandising store to make available a special, limited-time jacket and/or vest order for equine students. Jackets will be \$45.50 and vests \$46, before tax and shipping costs. Ordering will be available from Nov. 1-30. Visit www.ukagequinestore.com with your PC or mobile device, enter as guest and go shopping! If you have any trouble or need help or more information about the process, please contact the UK Ag Equine Programs Office at 859-257-2226 or equine@uky.edu, or stop by N212 Ag Science North and we can walk you through the process.



Lloyd's of London continues partnership with UKAg

Aimee Nielson

The long-standing and successful partnership between Lloyd's of London and the University of Kentucky College of Agriculture, Food and Environment continued when representatives from Lloyd's recently presented a check for \$45,000 to UK.

The contribution supports the Lloyd's Equine Disease Quarterly, a research-based publication dedicated to equine health produced by the UK Department of Veterinary Science.

The award-winning publication includes articles written by prominent researchers from around the world and provides timely and authoritative reports on some of the most important issues facing the equine industry. The Quarterly reaches more than 18,000 readers in 102 countries. Available in paper and online, its articles are regularly reprinted in numerous scientific and lay equine publications worldwide.

"Last year, Lloyd's cumulative support surpassed the \$1 million mark. That speaks significantly of the market's long-standing commitment for supporting equine research and health," said Julian Lloyd, bloodstock underwriter with Amlin and chair of Lloyd's Livestock Committee. "This year's contribution of \$45,000 continues that effort, and we are proud to support the global distribution of Equine Disease Quarterly."

Mats Troedsson, chair of the Department of Veterinary Science and director of the Maxwell H. Gluck Equine Research Center, agreed.

"The Equine Disease Quarterly is a valuable and

popular source of information to equine veterinarians and industry leaders around the world, and the contributions from Lloyd's cannot be over-emphasized," he said. "We are very thankful and

proud of the long-standing support that has made the success of the Quarterly possible, and we are looking forward to future years of collaborations with Lloyd's."

Lloyd's Equine Disease Quarterly is available to subscribers at no charge. It is co-edited by Roberta Dwyer, Peter

Timoney and Neil Williams from the Department of Veterinary Science.

The current version of the Equine Disease Quarterly is located online at http://www2.ca.uky.edu/gluck/q_oct13.asp. For more information about the Department of Veterinary Science and the Maxwell H. Gluck Equine Research Center visit <http://www2.ca.uky.edu/gluck/>.

Lloyd's of London is a 325-year-old insurance market whose members underwrite risk on a direct and reinsurance basis in more than 200 countries. As a global leader in specialty insurance, Lloyd's remains committed to supporting equine research and providing the insurance coverage essential to the well-being and prosperity of bloodstock interests worldwide.



Gluck Equine Research Center Director Mats Troedsson received a check from Patrick Talley, Lloyd's Regional Director.

PHOTO: Matt Barton, UK Agricultural Communications

Internship helps students focus their career goals

Alexandra Harper



Kimberly Horne supervises a horse exercising on an underwater treadmill

The University of Kentucky Equine Science and Management undergraduate degree program has some very unique internship partnerships with numerous equine programs across the United States and around the world. Students complete internships that are geared toward what they want to do after college and might possibly open new doors and offer insight into the different careers of the horse industry. This semester, three students interned at one such place, KESMARC, LLC, the Kentucky Equine Sports Medicine and Rehabilitation Center in Versailles, Ky. Here, Kimberly Horne and Rebecca Mears share some of their experiences.

Horne, originally from Georgia, and Mears, from Delaware, are both seniors. They chose UK because of their love for horses and for the equine degree program.

At KESMARC, interns are responsible for assisting veterinarians, preparing and administering medications, preparing horses for the hyperbaric chamber, supervising nebulizing treatments and hand-walking horses. Interns also participate in the daily care of horses, including bathing, grooming, tacking and monitoring leg bandages.

When asked why she chose to intern at KESMARC, Horne replied, “Rehabilitation has always fascinated me and I wanted to intern somewhere that allowed me to explore the field a little more.”

“A lot of students are interested in rehabilitation and therapy in the equine industry,” said Internship Coordinator and Lecturer, Elizabeth LaBonty. “At KESMARC they can learn hands-on, interact with every level of equine athlete and witness the effects of therapy first hand.”



Becca Mears changing the bandage on a horse at KESMARC

KESMARC offers a number of services, including water therapy, freestyle walker, indoor walking and jogging track, vibrating platform and a hyperbaric oxygen chamber.

“I felt KESMARC was an excellent opportunity for me to learn more about the recovery of the equine athlete after injury. At KESMARC I was able to learn about a variety of rehab and therapy techniques. I was also able to learn about conditioning techniques beyond the usual lunging and under tack work,” Mears said.

“Having interns gives us the opportunity to see excited fresh minds come into the industry. It keeps us excited. When they intern at KESMARC, it gives students a practical experience, and allows them to figure out if they really want to be in the equine industry or not,” said owner Kristen Johnson.

As students start to think about where they want to intern, the question most interns ask themselves is, “What am I going to do after college? Will this internship help with my future goals?”

For Mears, she plans to attend veterinary school and specialize in lameness.

“The KESMARC internship has helped me prepare for my future career because I now have a strong base knowledge about recovery after a lameness issue,” Mears said.

Horne said she hopes to become certified in equine sports massage, chiropractic and acupuncture.

“Interning at KESMARC confirmed that rehab is the route I want to go after graduation,” Horne said.

Johnson said she hopes the interns leave their internship at KESMARC with an open mind and open approach to the equine world and acquire a problem solving thought process.

Faculty spotlight: Kristine Urschel

Alexandra Harper

Kristine Urschel was born and raised in Edmonton, Alberta, Canada, and graduated with her PhD in nutrition and metabolism from the University of Alberta in 2007.

Urschel began riding horses during summer camps and became involved with 4-H when she was a child. As she was finishing up her PhD working with piglets, Urschel decided she would rather work with horses. She took a post graduate position at Virginia Tech working with horses.

Urschel moved to Lexington in the summer of 2008 to take a position as assistant professor. She teaches Animal Physiology, a graduate-level nutritional biological chemistry class and co-teaches Equine Science with Bob Coleman, associate professor. Urschel's research consists of looking at the factors that regulate muscle mass as well as studying protein and amino acids in horses.

When she is not hard at work at UK, Urschel can be found working with her horse Remington, a Shire/Thoroughbred cross she has had for 12 years and shows at local hunter jumper competitions. Urschel also enjoys traveling, spending time with family and friends and participating in outdoor activities.



Check out the October issue of the Bluegrass Equine Digest at www2.ca.uky.edu/equine/bed

Stories this month include:

- Blue-Green Algae Poisoning in Horses
- Oxytocin Injections to Suppress Estrus in Mares
- Parasite Egg Shedding on Central Kentucky Horse Farms
- Broodmare Nutrition: Preparing for Fall and Winter
- New Real-Time PCR Assay for Diagnosing Potomac Horse Fever
- West Nile Virus and EEE Cases in Kentucky
- Planning for Winter on Kentucky Horse Farms
- 2014 UK Equine Showcase, Breeders' Short Course Scheduled



Student professionalism series

Elizabeth LaBonty, Lecturer and Internship Coordinator

The University of Kentucky Equine Science and Management Program strives to not only educate you about equine science but also to prepare you for a career in the industry. Part of this preparation includes classroom guest lectures and hands-on labs, requiring an internship before you graduate, exposing you to numerous industry-related careers and, most recently, we have added an all-new resource called the Student Professionalism Series to the Wildcat Canter. The Student Professionalism Series will offer insight and tips to help you effectively prepare for, find, apply to and obtain the career of your choice. This month we will be focusing on networking, what it is and how to do it effectively.

Networking

Here at UK you are given weekly opportunities to hear guest lectures, go to seminars, attend equine-related events and interact with industry leaders. Taking advantage of these opportunities is not only fun, it is also an excellent way to network. But what exactly is networking? Here we will explore what networking is, how to do it effectively and why you should do it.

What's mine is yours

Networking is all about building relationships. It's not handing out resumes and business cards, nor is it just going places to be seen. Effective networking is connecting yourself with peers and leaders in your industry. It is developing relationships with individuals that can teach, challenge, assist, promote and strengthen you. Networking is about sharing ideas, sharing contacts and supporting each other.

Ask not what your network can do for you...

Because it is relational, networking is also reciprocal. It is not a stack of business cards you hand out or a list of names of people you have met. Networking is about building relationships, and the best way to build relationships is by helping others. Don't simply attend events or introduce yourself to someone, become a regular in the industry. Listen when people talk, ask questions, find out about other people's interests, look for ways to volunteer, support and assist others and when the time comes that you need help, people will be more than willing to share job leads, give recommendations and offer insight.

Lots of people are looking for jobs and everyone wants to be connected to industry leaders, but very few people are willing to invest their time and efforts while seemingly

getting nothing in return. However, those people are the ones who stand out and standing out is what gets you recognized as more than just a face in the crowd.

Less is more

No one can be everything to everyone. Effective networking requires careful thought and planning. Pick three to five people in the industry to build strong relationships with and then invest time maintaining those relationships. If you are in a class with guest lecturers or at an event with a speaker, it is great to take the time to introduce yourself afterwards. However, that is not effective networking. Instead, pick a few people that particularly interest you and follow up with an email or a thank you card after the event. But don't stop there.

Check in with your network of people periodically via email, letters, a phone call or stop by for a visit. Ask how they are, get to know them and their interests, and then share articles that might interest them. Ask their opinion on industry issues and find out if there is any way you can volunteer or help them or their organization. If they are involved in planning an event, attend it; if they participate in an organization, consider joining - or at the very least find out more about it to be able ask them about it.

What's in it for me?

As you can tell by now, effective networking is not about you. It's about investing your time in others and in the industry. Effective networking will strengthen you as an individual. You will learn how to build and maintain relationships, you will broaden your horizons and learn from people you respect, you will realize the true value of volunteering your time and you will gain wisdom from others. And in the end, investing in others will make them want to invest in you too.

People who see you working hard or working for nothing in return will want to work with you. They will want to hire you, help you find a job, tell others about you, and recommend you to your friends. They will support you, your causes, your education and your future career. Effective networking is targeted and planned. It takes time and energy and in the beginning it's not at all about you. But effective networking is incredibly rewarding. You will forge relationships you never thought likely, experience things you never dreamed and go farther than ever possible on your own.

Wheels to Heal: three students, three months, one amazing mission

Wheels to Heal is a project to raise funds to provide Central Kentucky Riding for Hope (CKRH) with a new farm utility vehicle necessary for the operation of its facility.

CKRH is a non-profit organization that provides Central Kentucky with a full range of equine-assisted activities for people with disabilities or diverse needs as well as veterans and military families. It is located at the Kentucky Horse Park.

The community project began with three students in an Equine Careers class at UK. Once the ideas started flowing, they just kept coming and the project's scope grew larger than ever originally intended.

Group-member Jessica Hagan was immediately drawn to CKRH's connection between veterans and horses. "We want to help CKRH because they help the people in our community who can't always help themselves," Hagan said. The original idea was to help CKRH by raising money to purchase a moderately-priced item on its "wish list."

When the group found out that the organization was desperately in need of a new farm utility vehicle, they decided to set their sights higher.

CKRH's Gator is 10 years old, of inadequate horsepower, partially composed of duct-tape and plywood and completely necessary to the organization's daily operations. It is used to feed the horses and drag the arena as well as transport employees and volunteers on the property.

A vehicle fitting CKRH's needs will cost around \$10,000. Wheels to Heal has several restaurant fundraisers planned along with a silent auction that will be held downtown on Nov. 23. The auction will feature memorabilia signed by Coach Calipari, themed baskets, art, jewelry and more. Tax-deductible private donations are

also being collected. The project officially ends at the end of the Fall 2013 semester. Like Wheels to Heal on Facebook! www.facebook.com/wheelstohealckrh Follow Wheels to Heal on Twitter! [@wheelstoheal](https://twitter.com/wheelstoheal)

Upcoming events

Monday, Oct. 28 • 5-9 p.m.

Where: Hugh Jass Burgers

What: Bring an event flyer so that a portion of your bill goes to our cause!

Thursday, Nov. 7 • 4-10 p.m.

Where: Firehouse Subs, downtown Lexington

What: Dine between 4 and 10 p.m. at this location and support our cause

Saturday, Nov. 23 • 1-6 p.m.

Where: Atrium next to Sawyer's • downtown Lexington

What: Silent auction sales go directly to our fund for CKRH's utility vehicle

UK, Kentucky Horse Park and other organizations partner to improve important Kentucky watershed

Holly Wiemers

The University of Kentucky College of Agriculture, Food and Environment and the Kentucky Horse Park Foundation partnered in 2013 to make substantial improvements to the Cane Run Watershed, an important water resource for the region that is also currently on Kentucky's 303(d) list of impaired streams. The two largest property owners within the watershed are UK's Agricultural Experiment Station and the Kentucky Horse Park.

The collaboration is part of a longer-running project and a partnership between UK and many Kentucky organizations that began in 2006. It was funded in part by a \$1.8 million grant from the U.S. Environmental Protection Agency under 319(h) of the Clean Water Act through the Kentucky Division of Water to the University of Kentucky in 2007. In turn, a sub grant award of \$260,000 was given by UK to the Kentucky Horse Park Foundation in March 2013, with plans to bump that up to \$465,000, according to the project lead, Stephen Higgins, PhD, director of environmental compliance for UK's Agricultural Experiment Station.

According to the project website (<http://www.bae.uky.edu/CaneRun/>), the Cane Run Watershed encompasses approximately 29,000 acres and is located in Fayette and Scott counties. It originates underneath urban areas on the north side of Lexington and is conveyed through a series of storm drains, pipes and restricted channels. As Cane Run continues on the surface, it joins with other

tributaries and travels through parks, open green spaces, and agricultural lands.

The Cane Run Watershed is an important water resource because it supplies water to the Royal Spring Aquifer, which is the major source of drinking water for the City of Georgetown, Ky. Segments of the waterway have been identified as having high levels of pollutants such as sediment, pathogens, and nutrients. Some of this pollution is called "point source," as it comes from a defined location, such as a leaking sewer pipe, a sewer manhole overflow, or an industrial discharge. More commonly, the pollution sources are "non-point source," meaning pollution comes from a wide range of agricultural and urban sources that are not discretely defined. These could include livestock in the creek, erosion from construction sites, failing septic systems, pet waste on sidewalks, and lawn and agricultural fertilizers. Because of this pollution, Cane Run is unable to support aquatic wildlife habitat and is unfit for primary contact recreation, such as swimming.

Read the rest of the story at http://www.thehorse.com/articles/32602/uk-khp-foundation-partner-to-improve-watershed?utm_source=Newsletter&utm_medium=bluegrass-equine-digest&utm_campaign=09-29-2013

UK denim drive underway

Katie Pratt

There's still time for individuals to donate their unwanted denim to the University of Kentucky denim drive.

The drive, organized by student members of the UK Merchandising, Apparel and Textiles Club in the College of Agriculture, Food and Environment, kicked off Oct. 2 and will continue throughout the month.

Denim garments including jeans, shirts, skirts and scrap pieces with embellishments and of any color and condition are accepted. Collection bins are located throughout UK's campus and across the state at offices of the UK Cooperative Extension Service.

The UK drive is conducted in conjunction with Cotton, Incorporated's "Blue Jeans Go Green" denim recycling

campaign. Cotton, Incorporated takes used jean material and converts it into natural cotton fiber insulation to use in the construction of homes and civic buildings for communities in need across the United States. As a result of the denim recycling program, fewer textiles are sent to landfills, reducing the amount of waste.

Students in the MAT club, which is a part of the UK School of Human Environmental Sciences, have participated in the recycling campaign since 2008. In 2011 and 2012, the group collected more than 20,000 garments.

Since Cotton Inc. began the drive in 2006, it has collected more than 985,000 pieces of denim that have produced 2 million square feet of home insulation and saved 600 tons of waste from going into landfills.

Clubs and teams updates

Equestrian Team

Hunt Seat Team

Over the weekend of Oct. 19 and 20, the University of Kentucky hunt seat equestrian team competed in its first horse show of the year at the University of Louisville. It was its first show with new coach, Diana Conlon, and the first IHSA show for new members. Every team member competed both days in either flat or jumping.

While the team placed third on Saturday at the end of the first day of the show, the team ended Sunday as the high point team for the day with enough points to push it to the top of the regional standings for team points with a 12-point lead. Midway currently sits in second.

The high point riders for each day were also from the UK team – congratulations to Michele Koppenal for winning high point rider on Saturday, and to Lucy Hart and Alexa Prettyman for tying for high point rider on Sunday!

The team has a number of riders who qualified for this year's regionals and have pointed out of their divisions. Congratulations to:

Lucy Hart in intermediate flat and fences (now in open flat and fences) Sara Kate Long in walk trot (now in walk trot canter) Michele Koppenal in intermediate flat (now in open flat).

Again, congratulations to the team for a great first show!

Western Team

The UK Western Equestrian Team successfully kicked off its first show of the season on Sept. 28 and 29 at the University of Cincinnati – winning reserve high point team on Saturday and high point champion team on Sunday. In addition, six riders scored enough points to make it into the regional horse show, which will be held in the spring of 2014. Congratulations to Gianna Alberti, Jackie Dinnebell, Morgan Dunay, Fallon Jackson, Emory Thomas and Kelsie Winslow. Allie Board also took high honors, winning high point individual rider in Open Reining and in Open Horsemanship.



You can come out and support the Western Equestrian Team at two fundraisers this month. The first is being held at Cici's Pizza (1315 Winchester Rd, Lexington, Ky.) on Nov. 5 from 5 to 8 p.m. Bring in our flyer and 20 percent of your purchase will help support the team. Our second fundraiser will be taking place during the entire month of November. Buy a UK Western Equestrian Team decal for only \$5 and help support the team!

The team's next horse show will be held on Nov. 24 at the Derrickson Agricultural Complex in Morehead, Ky. Good luck team!!

For more information, please don't hesitate to contact our president, Kelsie Winslow, at winslow.kelsie@gmail.com and please Like our Facebook page under [facebook.com/ukywesternihstateam](https://www.facebook.com/ukywesternihstateam) for more news and team results.

Polo Team

The UK Polo Team is in the middle of its season and the horses are getting in shape and games are beginning to flow. The men's and women's teams will be traveling to Cornell for the Bill Field Tournament at the end of the month. Individual lessons are still being offered starting at \$35 a lesson. Please contact Gates Gridley at 203-232-6935.

Clubs and teams updates

READ Club

At the READ Club meeting on Oct. 15, Kristine Urschel, associate professor in Animal and Food Sciences and club advisor, presented about her research in amino acids and protein synthesis in horses, and our vice president, Kara Bekebrede, talked about research in controlling the elk population in Kentucky and Duiker Nutrition. The October field trip was to the labs in the Garrigus building on campus. The next meeting will be Nov. 19 at 7:30 p.m. in N10 of Ag North. For the latest updates, check our Facebook page “READ Club.”

Rodeo Team

Nov. 1 – Roping Clinic 4 p.m., free to anyone who is interested in learning more about roping. Kismet Farm (470 Elizabeth Station Road, Paris, Ky.) Contact Chelsea Reumont chelsea.reumont@uky.edu

Saddle Seat Team

The Saddle Seat Team will be hosting its ISSRA horse show on Sunday, Oct. 27 beginning at 2 p.m. at Wingswept Farm in Nicholasville, Ky. This will be the first ISSRA horse show of the year for all the teams. The show will host Eastern Kentucky University, Marshall University, Morehead State University, Northern Kentucky University, UK, University of Illinois, and University of Louisville. The competition will have a record number of competitors; more than 50 total riders from all the teams will be competing. Riders will compete in a divisional class and divisional pattern class, all judged on the riders saddleseat equitation performance. The show will also have a silent auction table with lots of great items, a raffle to ride a champion show horse and a concessions stand, with all proceeds going to the UK Saddle Seat Team as fundraising for the team.

The team will have its next formal meeting on Nov. 13. The team will compete at the next horse show hosted by EKU on Saturday, Nov. 23.

CLUBS AND TEAMS DIRECTORY

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