

Wildcat Canter

UNIVERSITY OF KENTUCKY AG EQUINE PROGRAMS NEWSLETTER



OCTOBER 2017

CONTENTS



The Jockey Club Helps ESMA Student Find Career Interest- PAGE 5

Sarah Bernknopf, an Equine Science and Management senior, developed her passion for horses at a very young age.

"I started taking riding lessons when I was about 7 or 8 years old. When I got older, I started working at the barn doing various barn chores, teaching lessons and helping with horse camp. Being able to work at the barn throughout high school really grew my passion for horses, and I knew I wanted to have a career in the equine industry," Bernknopf said.



UK Gluck Equine Research Center: 30 years of improving horse health, well-being- PAGE 6

The University of Kentucky College of Agriculture, Food and Environment recently celebrated the 30th anniversary of the Maxwell H. Gluck Equine Research Center. More than 250 equine industry representatives attended the celebration dinner in the Woodford Reserve Room at Kroger Field.



UK Ag Equine Tailgate Celebration- PAGE 10

On Oct. 14, UK Ag Equine Programs hosted its fourth annual alumni tailgate event at Keeneland. More than 50 Equine Science and Management Alumni alums, faculty, and staff members and their families stopped by the event and caught up over food, drinks, and entertainment.



Other Features

Alumni Spotlight- PAGE 7

Clubs and Teams- PAGE 8

Student Professionalism- PAGE 9

UPCOMING EVENTS AND IMPORTANT DEADLINES

- October 30-November 21, Priority registration for Spring 2018
- November 6, Fasig-Tipton November Sale
- November 7-18, Keeneland November Breeding Stock Sale
- November 10, Last day to withdraw from a class for academic reasons
- November 16, UK Department of Veterinary Science Equine Diagnostic Research Seminar Series
- November 22-25, Thanksgiving holiday
- November 23, Major change window opens

For those of you who do not know me, my name is Danielle Jostes and I am the new Equine Philanthropy Director for the University of Kentucky College of Agriculture, Food and Environment.

I am originally from a small town in Central Illinois, where I grew up riding Quarter Horses and barrel racing. I still ride as often as possible and have a true passion for equine. Though I am not a graduate of UK, after seven short months here, I can feel the enthusiasm of the Big Blue Nation and am excited to be a part of it.

In my role as Equine Philanthropy Director, I get to interact everyday with the equine industry and I am always amazed to find so many individuals who share my love for horses. In my role, I work to build relationships with individuals who are passionate about the equine industry and generate philanthropic dollars toward enhancing equine-related programs at UK. Recently, we celebrated the 30-year anniversary of the Gluck Equine Research Center. In 1983, the Gluck Center vision was put into action when Maxwell and Muriel Gluck gave a Challenge Grant of \$3million to UK to build a \$9 million equine research facility. Later Muriel would say that she and Max felt they owed something to the equine business, and "this was our way of saying thank you." Today, the Gluck Center continues to thrive and is one of the only research facilities in the world dedicated to the horse.

On October 12, we hosted more than 250 industry leaders to celebrate that accomplishment. It was a great evening and once again, the equine community joined to recognize the importance of such a center. The event was hosted by Dr. Stuart Brown, a veterinarian at Hagyard Equine Medical Institute and chair of the Gluck Equine Research Foundation, with a special guest speaker, Coach John Calipari.

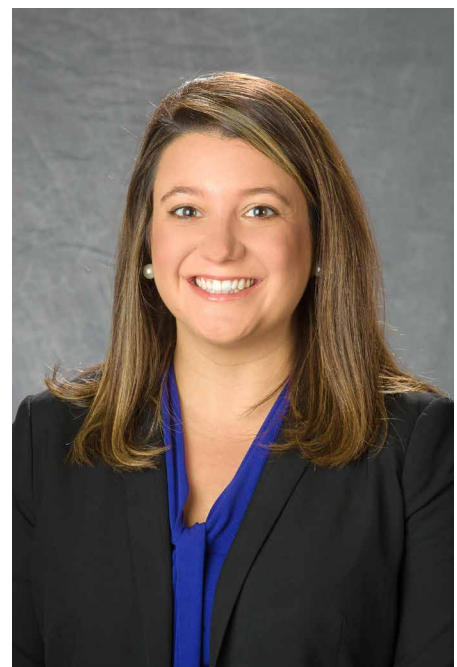
Gluck faculty member Dr. Peter J. Timoney was honored for his dedication and service in the field of equine infectious disease and we announced a pledge from Mr. Ted Bassett, past president of Keeneland, to renovate a new laboratory that will be named the Peter J. Timoney Laboratory in Equine Infectious Disease.

Thank you to everyone who attended our 30th Anniversary Celebration and to all of those who give their time, talent and treasure to UK's equine programs. I am looking forward to working with all of our equine related programs, whether that be our undergraduate program, research endeavors, student clubs and teams or the many other ways we strive to serve the equine industry worldwide.

Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it's the only thing that ever has. Margaret Mead

Most Sincerely,

*Danielle Jostes
Equine Philanthropy Director*





Wildcat Canter Editorial Staff

Alexandra Harper, MBA, *managing editor, contributing writer, layout*

Maddie Regis, *contributing writer*

Holly Wiemers, MA, APR, *senior editor, contributing writer*

Wildcat Canter Editorial Board

Camie Heleski, PhD

lecturer

Elizabeth James, MS

lecturer and internship coordinator

Danielle Jostes

equine philanthropy director

Mick Peterson, PhD

equine programs director

Kristine Urschel, PhD

director of undergraduate studies

Kristen Wilson, MS

academic program coordinator



Ag Equine Programs

College of Agriculture, Food and Environment

N212 Ag Sciences Building North

Lexington, KY 40546-0091

Office: (859) 257-2226

equine@uky.edu

www.uky.edu/equine

Connect with us on Social Media



The Jockey Club Helps ESMA Student Find Career Interest

By Maddie Regis

Sarah Bernknopf, an Equine Science and Management senior, developed her passion for horses at a very young age.

"I started taking riding lessons when I was about 7 or 8 years old. When I got older, I started working at the barn doing various barn chores, teaching lessons and helping with horse camp. Being able to work at the barn throughout high school really grew my passion for horses, and I knew I wanted to have a career in the equine industry," Bernknopf said.

Originally from Marietta, Georgia, Bernknopf said she chose University of Kentucky's equine program because of the advantageous location and the education provided.

"There are a lot of wonderful equine classes, but being in Lexington provides so many opportunities to get involved in the equine industry outside of the classroom. I think having that combination of education and industry experience is extremely valuable," she said.

Bernknopf said she chose the Jockey Club as her internship site, as she wanted to gain equine industry business experience.

"Choosing Sarah's internship site was a lot of fun. Sarah was open to a lot of ideas and she is very hard working, so she had a lot of opportunities to choose from," said Elizabeth James, Lecturer and Internship Coordinator. "Being able to partner with the Jockey Club to provide internships is an incredible benefit for our students."

"This internship has provided me the chance to see how one of the biggest organizations in the horse industry operates and to gain equine experience outside of a barn," she said. "The reputation The Jockey Club has in the industry definitely made me interested in working for them. I also thought it would be a great way to learn about an organization that deals with the horse racing industry but is not directly involved in caring for the horses."

At her internship, Bernknopf worked with the Racing Officials Accreditation Program (ROAP), editing videos of races for officials to review, as well as helping with various administrative tasks relating to racing official accreditation and horse racing regulation. The inner workings of the organization were very interesting to Bernknopf.

"My favorite part of the internship was getting to attend a ROAP board meeting and sit in on various conference calls dealing with racing industry issues," she said. "It was really interesting to listen to leaders from all segments of the horse racing industry and see the collaboration among various organizations."

Bernknopf said she was able to learn a lot about the various rules and regulations of the horse racing industry from her internship.

"I gained a better understanding of the various incidents that can happen in a race and what the penalties are. I also learned a lot about the process officials have to go through to become accredited. It really helped me understand a side of the horse racing industry I did not know much about beforehand," she said.

"My career goals after graduation are to work in the business side of the equine industry. I have really enjoyed working with ROAP and the internship helped me learn about another segment of the industry that I would be interested in having a career in. The internship also helped me understand how large organizations operate and how everyone has to work together," she said.

Cathy O'Meara, Bernknopf's supervisor at ROAP, said of Bernknopf, "She is extremely a self-starter, willing to learn, takes direction extremely well and has a high quality of work. You tell her to do something once and it gets done. She's definitely going places."

Bernknopf's internship had a big impact on her, and she said that after graduation, she is interested in either equine event management, or continuing to work for the ROAP.



UK Gluck Equine Research Center: 30 years of improving horse health, well-being

By Jenny Evans

The University of Kentucky College of Agriculture, Food and Environment recently celebrated the 30th anniversary of the Maxwell H. Gluck Equine Research Center.

More than 250 equine industry representatives attended the celebration dinner in the Woodford Reserve Room at Kroger Field. Stuart Brown, chair of the Gluck Equine Research Foundation and Hagyard Equine Medical Institute veterinarian, hosted the program honoring Peter Timoney, Gluck Center professor, for his lifelong contributions to equine infectious disease research.

"This evening was an exciting opportunity to celebrate the 30th anniversary of this unique program. Coupled with the recognition of the distinguished career of my colleague, Dr. Peter Timoney, through a gift by Mr. Ted Bassett, this was truly a night not to be missed by anyone in our industry that has played a part in the successful legacy of this institution," Brown said.

Additionally, more than 100 people attended the 30th anniversary research seminar, luncheon and open house at the Gluck Center. The seminar featured the inaugural Teri Lear Memorial Lecture, given by frequent research collaborator and friend Terje Raudsepp, associate professor from Texas A&M University's Veterinary Medicine and Biomedical Sciences. Lear was an equine genetics research and associate professor at the Gluck Center.

"I was proud to be on hand as we celebrated generations of researchers dedicated to the horse and particularly gratified that our audience was made up of families from our equine industry representing several generations of support to the Gluck Center," said Dean Nancy Cox. "The support and focus from this event positions us well to further enhance our service to and partnership with the equine industry."

The center opened its doors June 5, 1987, with a promise to fulfill Thoroughbred breeder and entrepreneur Maxwell Gluck's legacy of furthering the UK Department of Veterinary Sciences' research and distinguished service to the equine industry.

The mission of the Gluck Center, a UK Ag Equine program in the College of Agriculture, Food and Environment, is scientific discovery, education and dissemination of knowledge for the benefit of the health and well-being of horses. The Gluck Center faculty conducts equine research in seven targeted areas: genetics and genomics, immunology, infectious diseases, musculoskeletal science, parasitology, pharmacology/toxicology and reproductive health.

Their continuing efforts build upon a tradition of excellence in equine research dating back to 1915.

For more information on the Gluck Center, click [here](#). To view the Gluck 30th Anniversary Celebration video, click [here](#).



David Horohov (left), with UK Provost Tim Tracy and Peter Timoney (right), show Kentucky's Congressional Record, honoring Timoney for his legacy in equine infectious disease research.



Jessica Hanneman, Martin Nielsen, Peter Timoney, Amanda Adams, Tom Tobin and Carleigh Fedorka pose in amusement at the Gluck Equine Research Center's 30th Anniversary Celebration.



Attendees mingle in UK's Woodford Reserve Room at Kroger Field during the Gluck Equine Research Center's 30th Anniversary Celebration.

Blueprints for the proposed new laboratory that will be named the Peter J. Timoney Laboratory in Equine Infectious Disease.

Photos by Stephen Patton, UK Ag Communication Services



Danielle Bricker, '15
Todd Pletcher Racing

By Maddie Regis

Where is home for you?

Long Island, New York.

How did you first become involved in the horse industry?

I started off riding when I was younger, and I was a part of the UK Hunt Seat Team. Back home, I was teaching lessons to kids with disabilities. I got involved in the Thoroughbred industry by my friend Taylor. Her dad owns horses with Rudy Rodriguez and we would go to the track and the races at Belmont. Being from Long Island my family and I would take little trips to Saratoga to go to the track, which added to my interest.

What were your career goals before graduation?

I knew that I wanted to be involved in the Thoroughbred side of the industry. I had a few interests that included rehabilitation, the sales and bloodstock. I was leaning towards wanting to be an assistant to the director of sales on a Thoroughbred farm.

Where are you currently employed?

Todd Pletcher Racing.

What are your current job responsibilities?

Working on the racetrack, I started off as a hot walker and moved up to helping at the sales and doing client

recruitment. My current responsibly focusing on bloodstock and clients are short-listing the yearling and 2-year-old sales, doing pedigree research to prepare myself for the sale, working with other bloodstock agents, scouting horses and finding new investors.

What led you to this position?

I have to thank Dr. Coleman for convincing me to change my major from nursing to equine. If it wasn't for him, I don't think I would have switched. My internships were a huge part of setting me up for where I am working now. I started interning at KESMARC which led to me meeting Chris Baccari, who gave me the opportunity to work the Keeneland September Sale showing horses, which then lead to me working on the farm for Chris. Through Chris, I met Donato Lanni, who I then interned for the following September sale, along with the November and January sales and March 2-year-old sale. From there, I interned with Bradley Thoroughbreds working the sales and learning how to do appraisals. After graduation, I became the yearling manager for Seculsive Farm (Chris Baccari). Having all of those experiences gave me the confidence to go and work on the track for Todd Pletcher.

How are you currently involved in the horse industry?

I am currently involved by working in it everyday, but I would like to start to get involved in the Permanently Disabled Jockey Fund.

What advice do you have for current equine students?

My advice is you have to be willing to work hard; everyone is always competing with one another. You have to have something that makes you stand out. Don't be afraid to have to begin at the bottom of every new job you start; you will eventually get to where you want to be. Starting at the bottom and working up allows you to understand how the business works and you get respected for working hard instead of having a higher up position handed to you. Do as many internships as you can, it will not only help with experience but it helps with making contacts.

 University of
Kentucky®

Ag Equine Programs

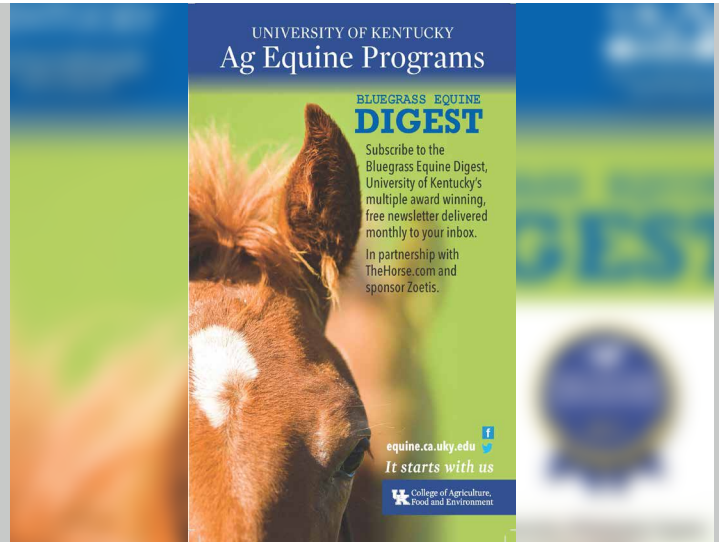
College of Agriculture, Food and Environment

Bluegrass Equine Digest

Check out the October issue of the Bluegrass Equine Digest, a free, monthly electronic newsletter dedicated to providing up-to-date information on equine research from the University of Kentucky's College of Agriculture, Food and Environment in collaboration with TheHorse.com and sponsored by Zoetis.

Click [here](#) to see this month's stories.

- Sports Concussions: What About the Jockeys?
- Fall Pastures: Green is Good, Brown is Bad
- Riding Through Life-With Greater Comfort



CLUBS AND TEAMS DIRECTORY

DRESSAGE AND EVENTING TEAM

Advisor: Dr. Jill Stowe, jill.stowe@uky.edu
 President: Lexie Samuels, alexandra.samuels41@gmail.com
 Facebook: UK Dressage and Eventing

HORSE RACING CLUB

Advisor: Dr. Laurie Lawrence, llawrenc@uky.edu
 President: Sidney Boots, ukhorseracingclub@gmail.com
 Facebook: UKY Horse Racing Club

EQUESTRIAN TEAM

Advisor: Dr. Bob Coleman, rcoleman@uky.edu

HUNT SEAT TEAM

President: Mackenzie Mentzer, uk.equestrianteam@gmail.com
 Facebook: UKY Equestrian Team

WESTERN TEAM

President: Sydney Hull, sydney.hull@uky.edu
 Facebook: UKY Western IHSA Team

Clubs and Teams Updates

Saddle Seat Team

The UK Saddle Seat Team hosted the first show of the ISSRA collegiate show season on Saturday, Oct. 14. The University of Louisville Saddle Seat Team was the High Point Team Reserve Champion, while the UK Saddle Seat Team won High Point Team Champion with 57 points. The show featured a silent auction with items donated by many local businesses, such as Fennell's Horse Supplies and the American Saddlebred Museum. Wingswept Farm, where the show took place, raffled off a ride on one of its show horses. Frannie Salsbury was the lucky winner of the show horse ride raffle. A total of 34 riders competed on the Wingswept-owned horses. Loren Uretta judged the show, which had 15 classes consisting of rail and pattern sections. Eastern Kentucky University and Bellarmine University also attended the collegiate show with their saddle seat teams. Thank you to everyone who participated in the show and who helped organize!

POLO TEAM

Advisor: Dr. Roger Brown, rogerbrown@uky.edu
 Dr. Jamie MacLeod, jnmacleod@uky.edu
 President: Ben Lynch, benjamin.lynch@uky.edu
 Facebook: U of Kentucky Polo

R.E.A.D. CLUB

Advisor: Dr. Kristine Urschel, klur222@uky.edu
 President: Katie Simmons, kesi226@g.uky.edu
 Facebook: READ Club

RODEO TEAM

Advisor: Monty Ott, monty.ott@uky.edu
 President: Shane Halbleib, spha227@uky.edu
 Facebook: UKY Rodeo Team

SADDLE SEAT TEAM

Advisor: Dr. Mary Rossano, mary.rossano@uky.edu
 President: Audrey Schneider, uksaddleseatteam@gmail.com
 Facebook: UKY Saddleseat Team

[Click here to access contact information for these clubs.](#)

Student Professionalism Series

By Elizabeth A. James

The University of Kentucky Equine Science and Management Undergraduate Degree Program strives to not only educate you about equine science, but also to prepare you for your future career. Part of this preparation includes classroom guest lectures, hands on labs, requiring an internship before you graduate, and exposing you to numerous industry related careers. The Student Professionalism Series offers insights and tips to help you effectively prepare for, find, apply to and obtain the career of your choice. This month we are going to take a closer look at the importance of time management.

TIME MANAGEMENT: PART 2

Beware the barrenness of a busy life.
- Socrates

It is neither fun nor interesting to write about time management. Yet it is essential. Simply stated, time management is the act of organizing your time and controlling how you spend it. But it is anything but simple. Effectively managing your time can increase your productivity and efficiency and also decrease your stress. Poorly managing your time can result in poor work quality, a negative professional reputation, considerable inefficiency and missed deadlines, not to mention more stress. On paper it looks easy – manage your time and you will be more successful; but in practice it can be much, much more difficult.

There are many approaches to effective time management. Last month we talked about the importance of prioritizing, scheduling and overcoming challenges. This month we will explore the importance of focus, goal setting and self-discipline.

Step 1: Focus. How many times have you sat down to study or write a paper and tried to focus, only to find that your mind keeps wandering? Often times despite our best intentions we just can't seem to concentrate. We've all been there. Here are a few tips that might help:

1. Make sure that you are comfortable before starting. This includes wearing something comfortable and eating and drinking before starting a big task.
2. Be sure your surroundings are conducive to concentrating. The link between productivity and an environment conducive to concentration is strong. Whether you work best in your bedroom, the library or Starbucks, pick an environment that best suits your needs.
3. Take time to shut out distractions. Set a timer if you have to, to be sure that for the next 30 minutes you won't check your email, answer your phone, send a text, check social media, etc. These small interruptions can be major setbacks to completing a task.

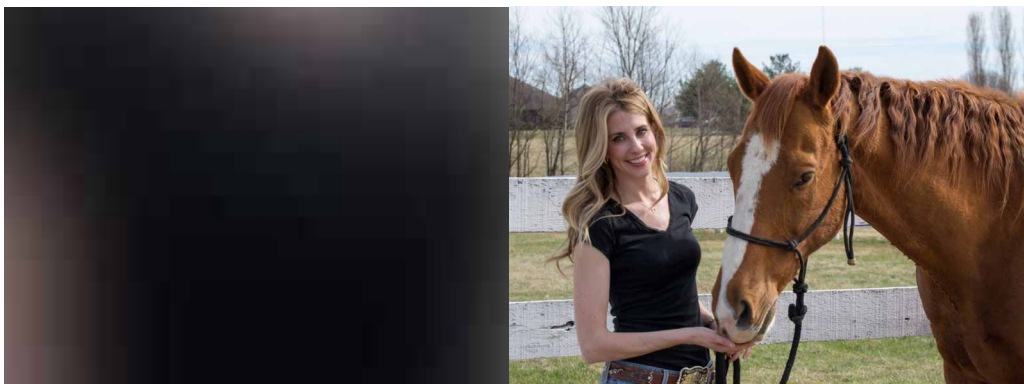
Plan for how you will avoid them.

4. Try to switch between high-attention and low-attention tasks. If you have a 10-page paper to write, take a break every 15 minutes or so to do some filing or read or do something still productive but not quite as demanding as writing. It will help you stay energized instead of drained.

Step 2: Set Goals. When setting goals make sure they are SMART goals. Specific. Measurable. Attainable. Relevant. Timely. Specific enough to be clear; measurable so you can celebrate when you accomplish them; attainable so that you don't lose hope; relevant so they are aligned with your personal and career ambitions; and timely in that you allow yourself adequate time to accomplish them while still meeting deadlines.

Step 3: Self-discipline. Procrastination is a real problem when it comes to time management. One study found that 95% of people procrastinate to some degree. In fact, most perfectionists procrastinate where they will avoid doing a task if they don't think they have the skills to do it perfectly. So the good news is that you're not alone and you're in good company. The bad news is that procrastinating is not the same as being lazy, when you procrastinate you actively choose something else to do in place of what you know you should do. To help build self-discipline, try giving yourself a reward when you complete undesirable tasks. You can also enlist the help of a friend to keep you on track - peer pressure works! For some it is effective to do the hardest tasks first thing in the day to get them out of the way instead of having them hang over their heads. For others, they prefer to complete tasks as they arise rather than letting them build up. Only you know what works for you and only you can develop the self-discipline that lies at the heart of good time management.

As I said in the beginning, discussing time management is neither fun nor interesting. But when it comes to your professional and your personal life – it is essential. There are two truths I have learned when it comes to time. The bad news is that time flies. The good news is you're the pilot.



UK Ag Equine Tailgate Celebration

On Oct. 14, UK Ag Equine Programs hosted its fourth annual alumni tailgate event at Keeneland. More than 30 Equine alums, faculty, and staff members and their families stopped by the event and caught up over food, drinks and entertainment. The event was organized by an alumni committee that planned every detail, down to the drinks, food choices, decorations and entertainment.





Join us for the inaugural
"Experience Equine Day" on
Friday, November 17.
Get an in-depth look at our
facilities, meet with faculty,
mingle with current students
and much more.

Visit www.uky.edu/grow
for more information,
and to register.

save the date

WINTER EVENT

Tuesday, January 9

 University of
Kentucky

College of Agriculture,
Food and Environment

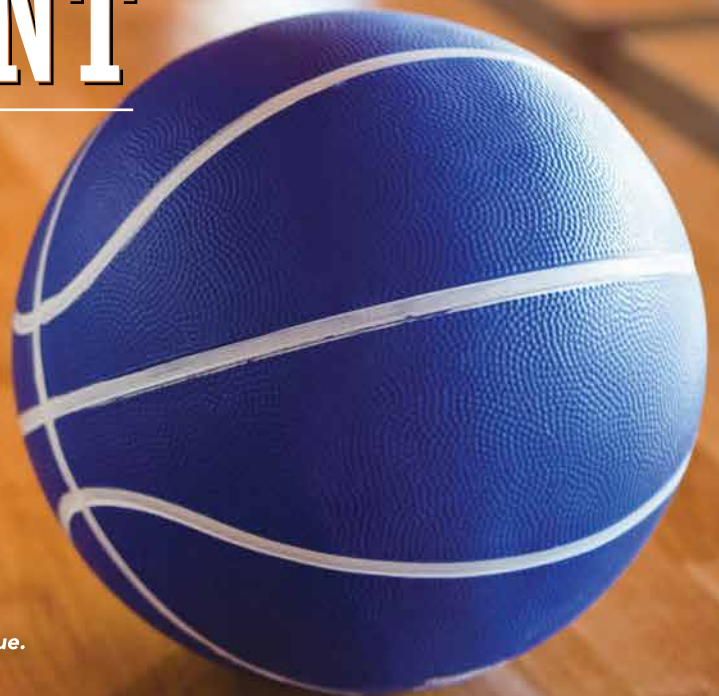
Calling all high school juniors and seniors!
Join us for Winter Event on Tuesday, January 9. This event
is an opportunity to learn more about our programs, chat
with current students, network with alumni and much more.

Best of all? The event includes a visit to Rupp Arena
for the Kentucky vs. Texas A&M basketball game! *

Those interested should email Wayne Centers, Director of
Student Relations (wayne.centers@uky.edu).

Visit www.uky.edu/grow to learn more about our programs.

*While supplies last. Tickets available for non-student guests at face value.



CONCUSSION

or Injury?

There's an App for That!



saddle up
SAFELY

UK University of
Kentucky®

the 2018 - 19

FAFSA

application is now live

Apply now! Some financial aid is awarded based on the initial filing date.



College of Agriculture,
Food and Environment





Ag Equine Programs
College of Agriculture, Food and Environment

N212 Ag Sciences Building North
Lexington, KY 40546-0091
Office: (859) 257-2226
equine@uky.edu
www.uky.edu/equine